

1. Introduction

- Throughout evolutionary history, people navigated in real three-dimensional environments.
- Recently, desktop virtual reality (VR) and immersive VR (iVR) are becoming accessible.
- **Playing video games** is associated with increased visuospatial abilities, and spatial navigation skills^{1,2}.
- **First-person shooters or navigationally active games** result in better navigation and attention tasks after training¹.
- However, gamers' cognitive processes underlying improved spatial navigation are not defined. Variations in the **mental representation scale** of environments may account for the navigation performance differences between video game players and non-players.

2. Environmental & Mental Representation Scale

Ittelson (1973) suggested two different scales for environments: **small and large**.

Small-scale: visible via a static visual field (a table-top model or a map).

Large-scale: require movement, entail spatial processing and temporal summation.

Two different scales for **mental representations: small and large**.

Desktop VR/Map

Small Scale

- Miniature
- Not immersed

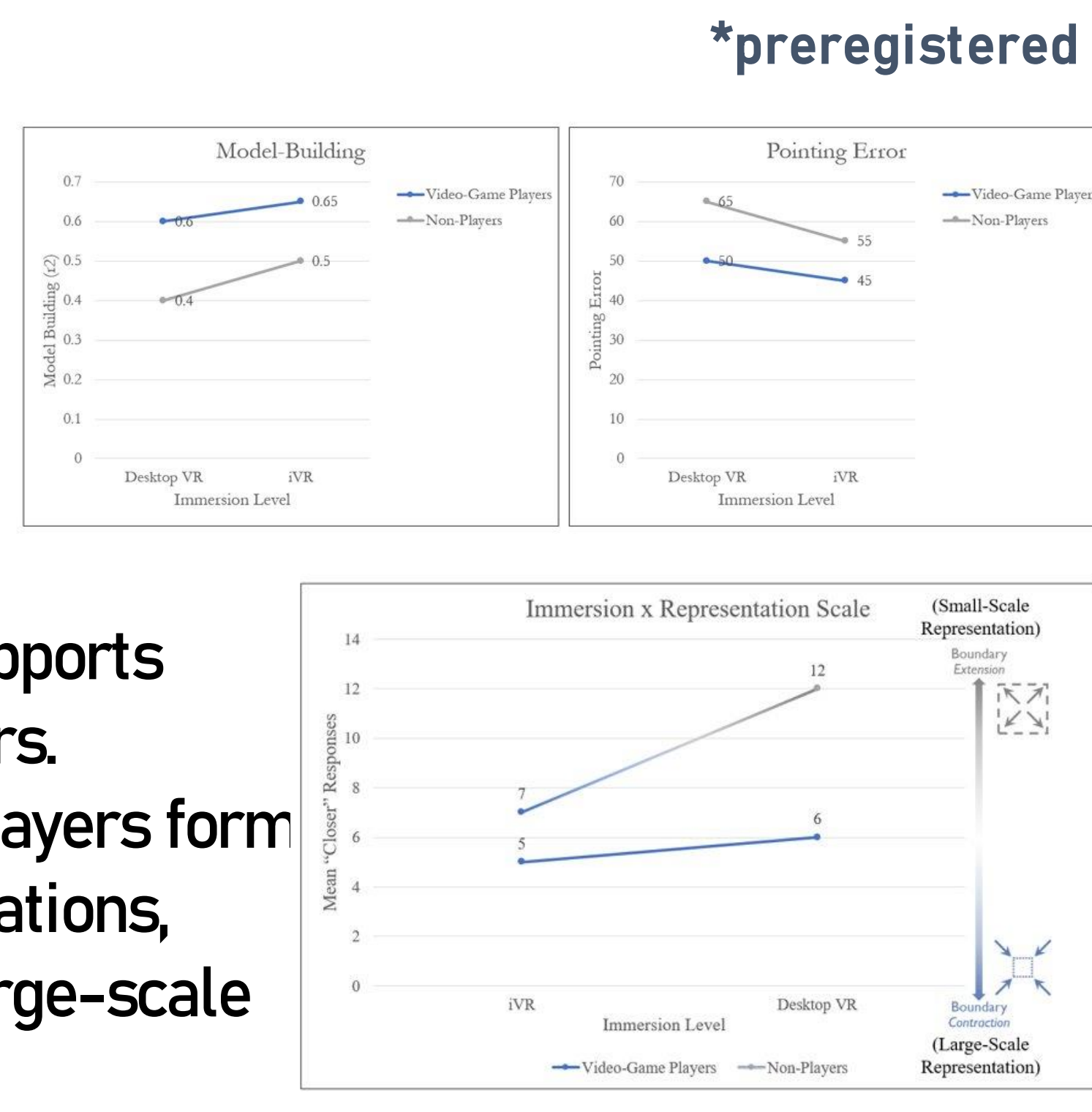
Real/iVR

Large Scale

- Street Level
- Immersed

3. Hypotheses

- H1. Gaming experience is associated with better spatial learning.
- H2. High-immersion level is associated with better spatial learning.
- a. High-immersion level supports spatial learning for non-players.
- H3. In low immersion, non-players form small-scale mental representations, whereas, in high, they form large-scale mental representations.



4. Methods & Equipment

Video game players = action video games >4 h/week

Non-players = no play for the last 3+ years¹

- Within-subjects quasi-experimental design
- VR: Low & High Immersion
- HTC Vive Head-Mounted Display w/ Virtuix Omni Treadmill

	F	M	Total
Player	18	18	36
Non-player	18	8	26
Total	36	26	62

5. Virtual Environment & Tasks

Virtual Environment

2 separate routes;
6 buildings in each route

Area A First-Person Perspective

Area B First-Person Perspective

1. Pointing Task

DV = Pointing error angle

2. Map-Making Task

DV = Bidimensional Regression

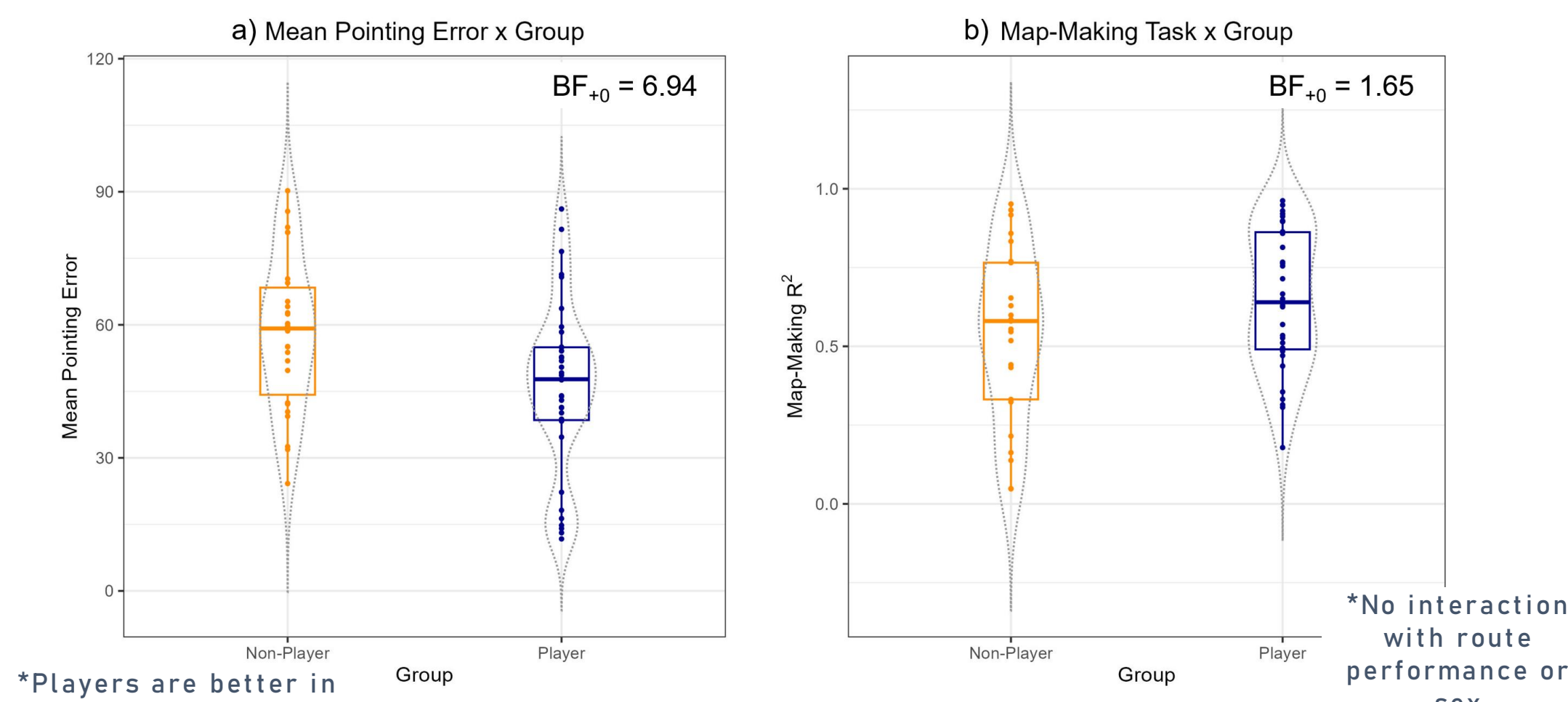
3. Rapid Scene Recognition Task (RSRT);

DV = Number of Closer Responses

32 trials in each area, 64 total

6. Confirmatory Results

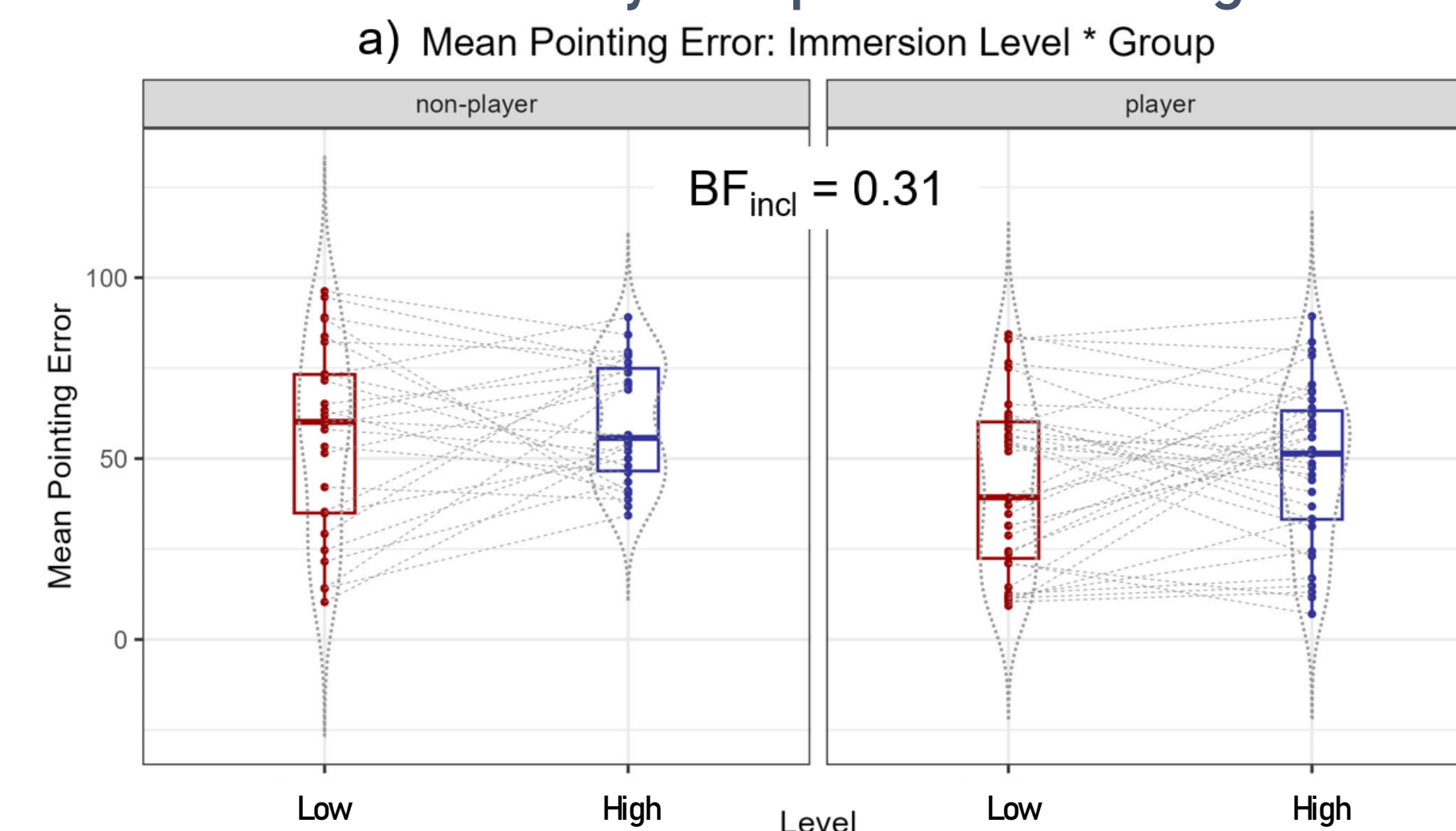
1. Is video gaming experience associated with enhanced navigation performance?



*Players are better in Route-A with $BF_{10} = 12.53$
*No main effect of video game in males

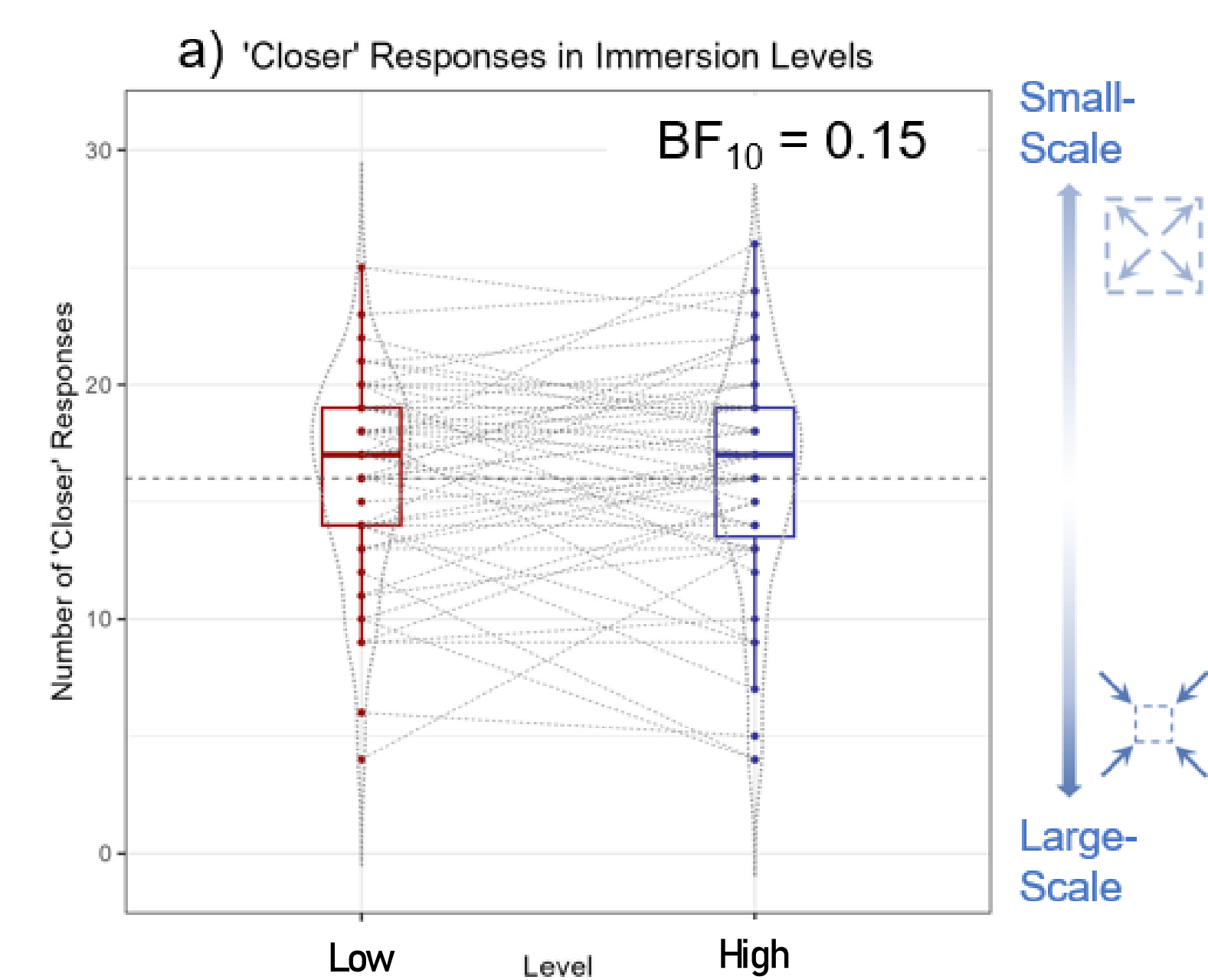
+ We replicated the finding that video game experience is associated with better spatial learning.

2.a. Does high immersion affect non-players differently in spatial learning?



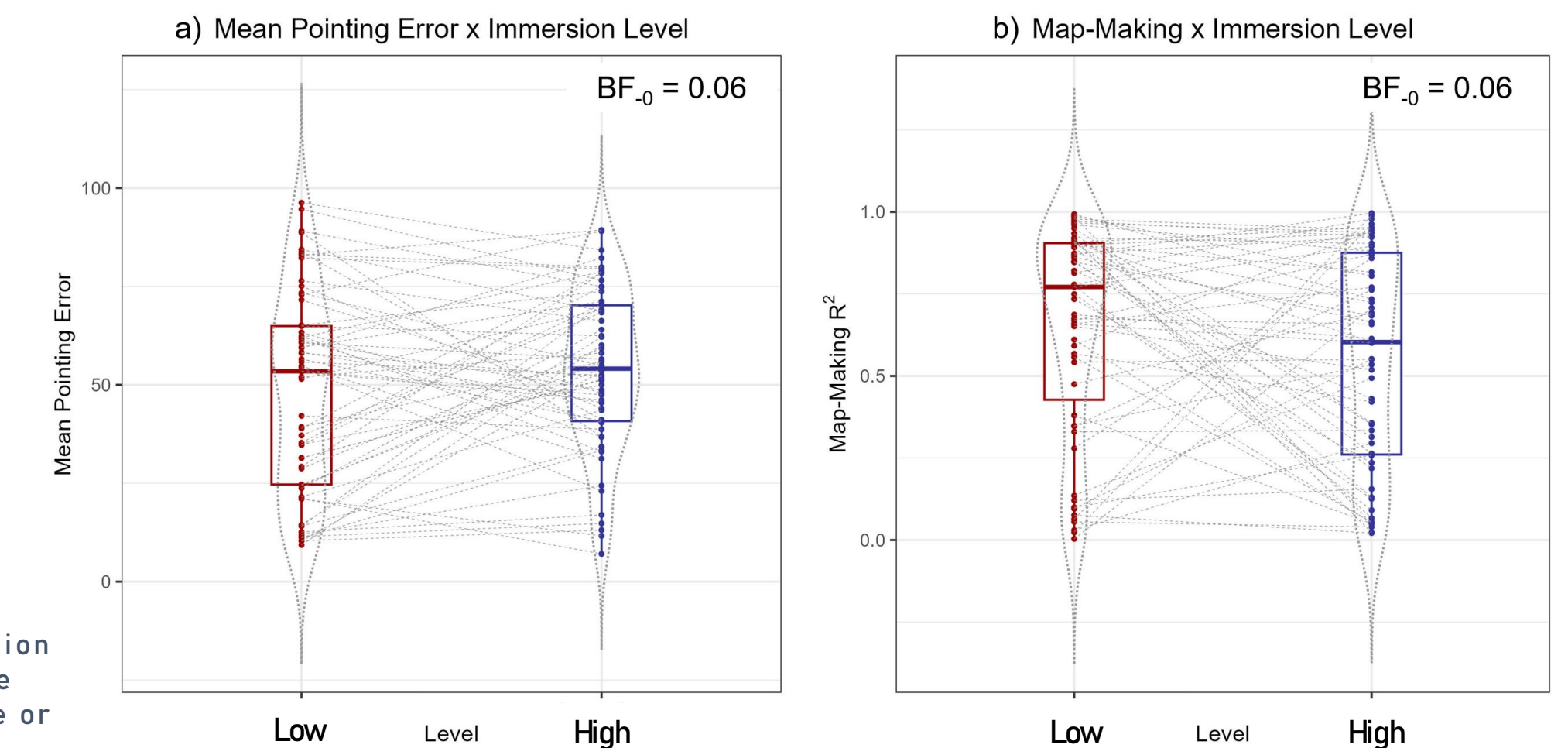
- We did not find an interaction between immersion level and gaming experience.

3. Does level of immersion affect mental representation scale?



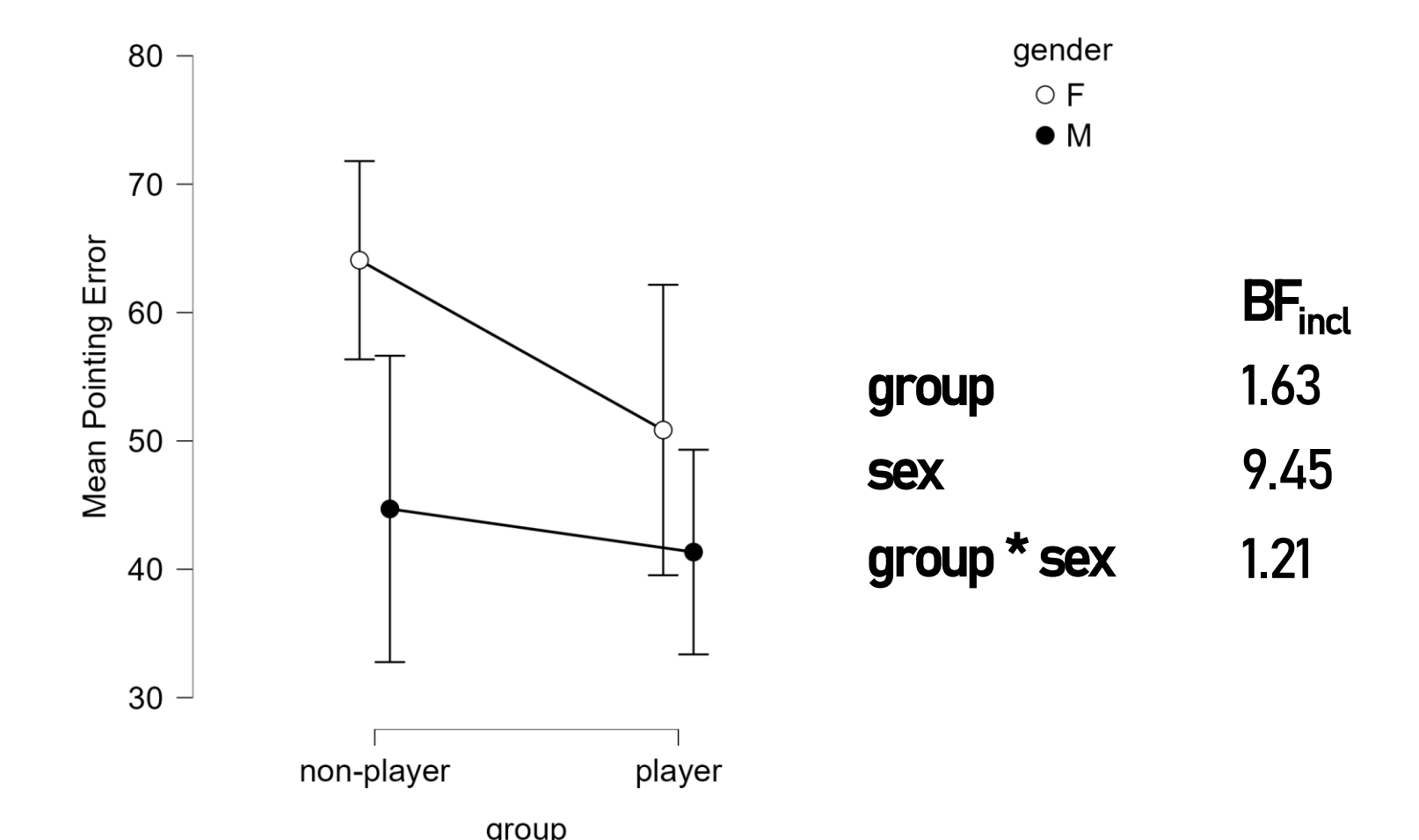
- We did not find evidence in favor of H3; people did not differ in mental representation scale in different immersion levels.

2. Is high immersion associated with higher spatial memory compared to desktop VR?

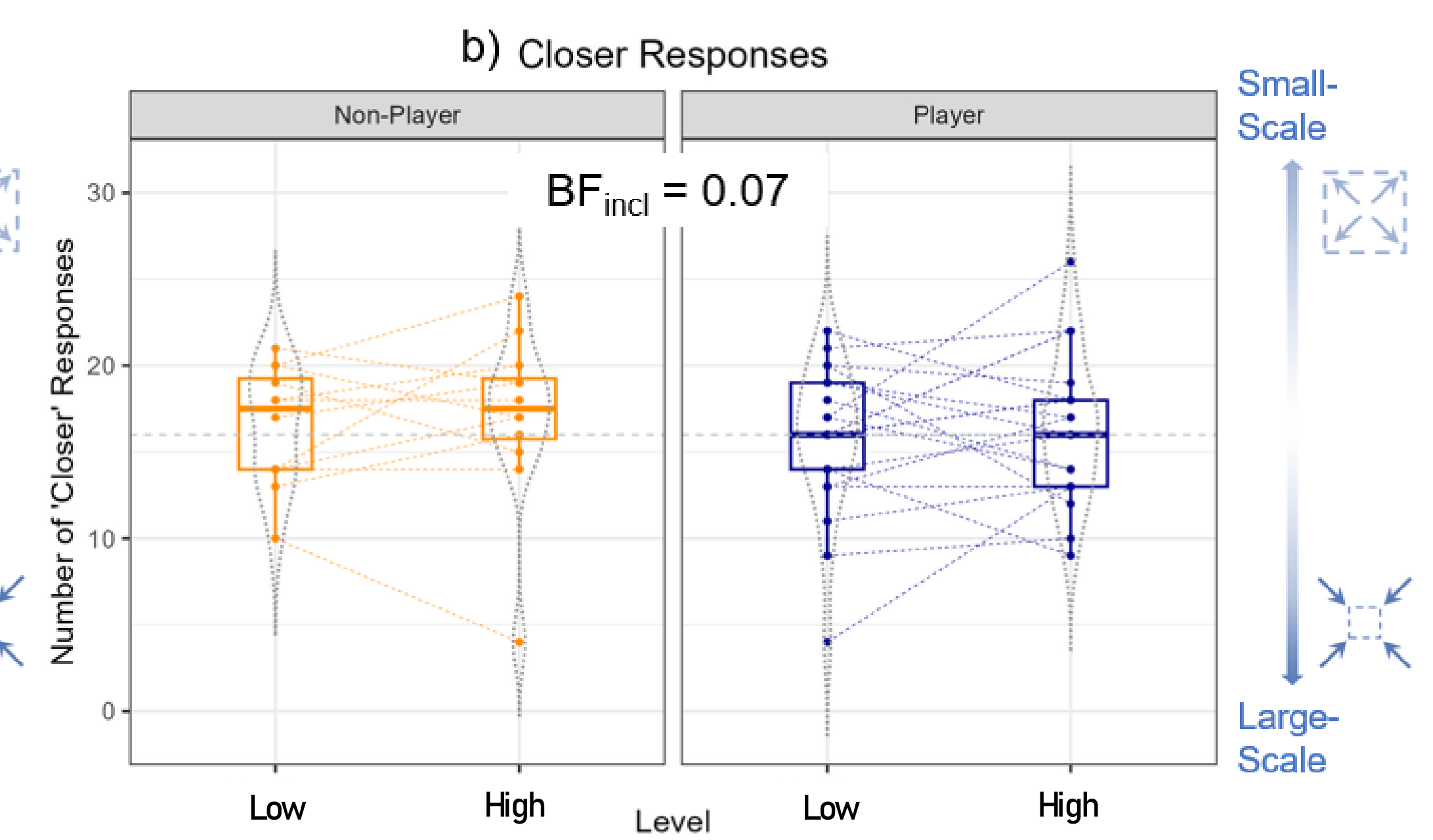


- We did not observe any advantages for high immersion in spatial tasks.

Exploratory: Is there an interaction between video game group and sex?



3.a. Does level of immersion affect mental representation scale in non-players?



7. Conclusions & Future Directions

- High immersion did not help participants to learn the environment better. Omnidirectional treadmill, unnatural walking?
- RSRT might not be the task for determining mental representation scale?
- Further research might examine other possible moderators in video game play experience and spatial learning.

¹ Feng, J., Spence, I., & Pratt, J. (2007). Playing an Action Video Game Reduces Gender Differences in Spatial Cognition. *Psychological Science*, 18(10), 850-855.
² Ventura, M., Shute, V., Wright, T., & Zhao, W. (2013). An investigation of the validity of the virtual spatial navigation assessment. *Frontiers in Psychology*, 4.
³ Ittelson, W. (1973). Environment Perception and Contemporary Perceptual Theory. In W. H. Ittelson (Ed.), *Environment and Cognition* (pp. 141-154). New York: Seminar.
⁴ Hafri, A., Wadhwa, S., & Bonner, M. F. (2022b). Perceived Distance Alters Memory for Scene Boundaries. *Psychological Science*, 19.

Scan(n) for more work!

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